

Smart Solution Template

Circle of Parents

Circle of Parents is a mutual support group model for parents and caregivers with children birth to 5 years old. At a minimum, group meetings are held year-round, twice a month, and last 90-120 minutes each. Group meetings are parent-owned and parent-led with support from a trained group facilitator. Groups are open, free, confidential, and ongoing. Facilitators and group members will share community resources. A concurrent, parallel children's group or childcare must be provided. Facilitators will utilize the "Parent Facilitator, Children's Facilitator Manual, and Other Resources" for guidance and preparation. The Circle of Parents Facilitator Manual will be used to guide planning for meetings. Circle of Parents group facilitators must complete the Circle of Parents Training.