

Smart Solution Template

Lactation Peer Support Groups

Lactation Peer Support Groups are for parents and caregivers prenatally and with children birth to 5 years old. Lactation Peer Support Groups will follow the #Field 1 model meeting at least 2 hours once a week. Lactation Peer Support Groups are provided #Field 2. A directory of local or regional International Board-Certified Lactation Consultants (IBCLCs) or Certified Lactation Counselors (CLCs) will be available for referrals as needed. Group facilitators must be trained and/or accredited to implement the selected model.

#Field 1

- Baby Café USA
- Breastfeeding USA
- La Leche League of NC

#Field 2

- In-person
- Virtually
- Sometimes in-person and sometimes virtually