

Smart Solution Template

Nurse Family Partnership (NFP)

Nurse Family Partnership (NFP) is a home visiting community health program for first-time moms during pregnancy until their child's second birthday. Home visits are in-person, made by registered nurses who educate the women on prenatal health and prepare them for the birth process. Home Visits lasting 60 to 90 minutes occur once a week until six weeks after delivery and then every other week until the child is 21 months of age. After that, visits occur monthly until the child's second birthday. After delivery, nurses provide parent coaching on developmental milestones and behaviors and positive parenting techniques. Nurses help mothers develop a plan for their future schooling, employment, and/or future pregnancies to promote economic self-sufficiency. Nurses and partner sites will adhere to the 14 Nurse-Family Partnership Model Elements. An NFP program requires a minimum of 2 nurse home visitors and 1 supervisor before serving families. Nurse Supervisors must have at least a bachelor's degree in nursing and Nurse Home Visitors must be a Registered Nurse who holds a bachelor's degree in nursing. One nurse home visitor serves a caseload of approximately 25 clients. Nurse home visitors and supervisors must complete NFP training through the National Service Office.