

## Smart Solution Template

### Nurturing Parenting Programs (NPP): Nurturing Skills for Families (Secondary Prevention)

Nurturing Parenting Program (NPP) Nurturing Skills for Families (Secondary Prevention) is a prevention-treatment program for pregnant people and families with children birth to 5 years old. Core components for model fidelity include Facilitated Group Sessions, Assessment Tools, use of the Family Nurturing Plan, and Children's Groups. Group sessions require 2 facilitators and consist of 8 – 17 participants. Families will attend weekly in-person group sessions for at least 16 weeks, each session lasting 2 hours. Make-up or additional sessions will be provided virtually or in-person as needed. The children's group will #Field 1. The Manual for Teaching Children (if using the Nurturing Parenting Program curriculum for children's groups); the Parent Handbook and/or Easy Reader Parent Handbook; and the Lesson Guide for Parents will be used to implement the program. The Adult Adolescent Parenting Inventory (AAPI-2.5) and the Nurturing Skills Competency Scale will be used as pre- and post-assessments. The Family Nurturing Plan will be used to create a parenting program that meets the specific needs of the family, identified in the pre-assessment. NPP facilitators must have a bachelor's degree in a relevant field, such as child development, family relations, social work, or early childhood, complete the Nurturing Parenting® Program facilitator training, and must have experience working with the population they intend to serve.

#### #Field 1

- be general childcare
- use the NPP curriculum
- Multiple groups will be offered some will be general childcare and others will use the NPP curriculum