

Smart Solution Template

Adolescent Parenting Program

Adolescent Parenting Program (APP) is a home visiting model for teenagers who are pregnant and/or parenting children birth to 5 years old. Home visits occur in-person at least once a month for 12 months, each lasting 60 minutes. Home visitors will use the Parents as Teachers (PAT) curriculum. Participants will receive at least 24 hours of group education through quarterly group/peer education sessions and Be Proud! Be Responsible! Be Protective! curriculum sessions. Participants will be provided educational field trips to one family planning clinic and a college tour (four year or community college). As part of this program, there will be a community advisory council (CAC) consisting of community partners, program participants, and program staff to provide feedback, increase community awareness, and review data for continuous quality improvement. Referrals will be provided for participants as needed. At least 1 full-time program coordinator is required for 15 – 25 teens. Program coordinators are required to be trained in PAT home-visiting curriculum (either the Subscriber or Model Affiliate level) and complete 24 hours of program-specific training each year, four of which must focus on health equity, health disparities, or social determinants of health.