

## Solution Templates

### Triple P (Positive Parenting Program) - Level 3: Discussion Group

Triple P (Positive Parenting Program) - Level 3: Discussion Groups are parent education groups for parents/guardians with children birth to 5 years old exhibiting mild to moderate behavior difficulties, focusing on a specific problem behavior or issue. Discussion groups will be delivered #Field 1 and #Field 2. Discussion groups will be delivered in 2-hour small groups made of up to 12 parents. Each session will cover one of the following topics: (1) Dealing with disobedience, (2) Managing fighting and aggression, (3) Developing good bedtime routines, (4) Hassle-free shopping with children, and (5) Hassle-free mealtimes with children. Group facilitators will use the Triple P Discussion Group curriculum. Each family will receive a Triple P Discussion Group Workbook on the corresponding topic they are attending. Staff must be Discussion Group Triple P Accredited practitioners.

#### #Field 1

- In-person
- Virtually
- Multiple groups will be offered, some will be in-person and others will be virtual

#### #Field 2

- As a series
- As stand-alone sessions
- Multiple discussion groups, sometimes delivered as a series and sometimes delivered as stand-alone sessions