

## Solution Templates

### Mobility Mentoring

Mobility Mentoring is for parents and caregivers with children Birth to 5 years olds where mentors are partnered with participating parents/caregivers to support them in attaining the resources, skills, and long-term behaviors necessary to reach and preserve economic independence. Core components for model fidelity include Coaching for Economic Mobility, the Bridge to Self-Sufficiency®, Goal Setting, and Recognition. Coaching is one-on-one, #Field 1. Mentors will provide at least 12 hours of scheduled contact over 6 – 12 months, 1 hour per month for 12 months or 2 hours per month for 6 months. Mentoring teams meet at least monthly to share participants' progress and outcomes, brainstorm ideas for how to keep participants moving forward, and discuss program development. Mentors will recognize, acknowledge and celebrate participants as they work toward and accomplish goals. The Bridge to Self-Sufficiency® will be used to report average pre- and post-test scores for the Family subscale for the Family Stability pillar (0-10). Mobility Mentors must have at least a bachelor's degree or equivalent related work experience (e.g., 4 years of experience, associate's degree plus 2 years of experience, etc.). Mentors must complete EMPATH's online Mobility Mentoring Foundations training and receive training in Motivational Interviewing techniques. Mentors will receive coaching and supervised practice from their supervisors. Supervisors must complete EMPATH's online Mobility Mentoring Informed Supervision course. All staff must complete 40 hours per year of professional development related to Mobility Mentoring. LP or DSP must be part of EMPATH's Economic Mobility Exchange learning network.

### #Field 1

- In-person
- Virtual
- some in-person and others virtually, multiple participants