

Solution Templates

Red Cross Water Safety & Swim Lessons

Red Cross Water Safety & Swim Lessons are provided to parents & caregivers and children birth to 5 years old. Swim instruction will follow the American Red Cross Swimming and Water Safety Skills curriculum and must be offered at a regulated aquatics facility/pool with the appropriate number of trained and certified on-duty lifeguards. Classes are in-person and include at least 30 minutes per week of in-water instruction for a total of at least 4 hours of in-water swim instruction. Swim Instructors must hold current American Red Cross Water Safety Instructor certification.